

BIRTH TO THREE-YEAR-OLD SAMPLE CURRICULUM

THEME: Big Little Me

Infants/Babies (0-17 months)	Toddlers (17-36 months)
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Where's The Baby's Belly Button?</i> Karen Katz <input type="checkbox"/> Music: <i>Where is Thumbkin? Head, Shoulders Knees and Toes</i> <input type="checkbox"/> Rhymes: <i>Ten Little Fingers -Ten Little Toes; This Little Piggy</i> <input type="checkbox"/> Toys: Soft rattle toys; talk about the sounds each one makes; move the toy from one hand to the other <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Dump and Fill</i> <input type="checkbox"/> <i>Bells and Whistles</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Where's The Baby's Belly Button?</i> (Karen Katz) <input type="checkbox"/> Music: <i>Where is Thumbkin? Head, Shoulders Knees and Toes</i> <input type="checkbox"/> Rhymes: <i>Hands on Shoulders</i> (do progressively faster each time) <input type="checkbox"/> Art: Painting pictures of self and family <input type="checkbox"/> Outdoor: Ball play <input type="checkbox"/> Sensory games: <i>Feely Bag, Bells and Whistles</i> <input type="checkbox"/> Toys: Balls, trucks, dolls, knobbed puzzles, soft blocks <input type="checkbox"/> Pretend: Mirrors
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>I Love You Forever</i> (Robert Munsch) <input type="checkbox"/> Music: <i>I Wiggle; The More We Get Together</i> <input type="checkbox"/> Rhymes: <i>Open-Shut Them</i> <input type="checkbox"/> Toys: Mirrors – show babies their image in the mirror and describe what they are seeing (“You see your eyes and your nose and your mouth, etc.) <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Baby Buddies</i> <input type="checkbox"/> <i>Feather Touches</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>I Love You Forever</i> (Robert Munsch) <input type="checkbox"/> Music: <i>I Wiggle; The More We Get Together</i> <input type="checkbox"/> Rhymes: <i>Open Shut Them</i> (do at different speeds, different voices such as high-pitched, or growly voice) <input type="checkbox"/> Art: Play Doh, play doh tools <input type="checkbox"/> Outdoor: <i>Ring the Bell</i> <input type="checkbox"/> Sensory games: <i>Silk scarves, Feather Touches</i> <input type="checkbox"/> Toys: Balls, trucks, dolls, drums, cardboard blocks <input type="checkbox"/> Pretend: Community Helper Hats
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>The Going to Bed Book</i> (Sandra Boynton) <input type="checkbox"/> Music: <i>Twinkle, Twinkle Little Star</i> <input type="checkbox"/> Rhymes: <i>Ten Little Fingers and Ten Little Toes; This Little Piggy</i> <input type="checkbox"/> Toys: Soft balls in different sizes; roll balls in front of baby, put just slightly beyond reach and encourage baby to grab the ball <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Count Fingers and Toes</i> <input type="checkbox"/> <i>Feely Bag</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>The Going to Bed Book</i> (Sandra Boynton) <input type="checkbox"/> Music: <i>Twinkle, Twinkle Little Star</i> <input type="checkbox"/> Rhymes: <i>Ten Little Fingers and Ten Little Toes</i> <input type="checkbox"/> Art: Silhouette (teacher traces, child decorates/paints) <input type="checkbox"/> Outdoor: Ball play <input type="checkbox"/> Sensory games: <i>Feely Bag</i> <input type="checkbox"/> Toys: Balls, trucks, dolls, knobbed puzzles, soft blocks <input type="checkbox"/> Pretend: Mirrors
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Counting Kisses</i> (Karen Katz) <input type="checkbox"/> Music: <i>Do You Know the Muffin Man?</i> <input type="checkbox"/> Rhymes: <i>One Little, Two Little, Three Little Fingers</i> <input type="checkbox"/> Toys: Soft dolls – talk to the baby about the facial features of the doll and compare to the baby's face <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Lids, Lids, Lids</i> <input type="checkbox"/> <i>Mirror, Mirror</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Counting Kisses</i> (Karen Katz) <input type="checkbox"/> Music: <i>Do You Know the Muffin Man?</i> <input type="checkbox"/> Rhymes: <i>One Little, Two Little, Three Little Fingers</i> <input type="checkbox"/> Art: <i>Felt faces</i> <input type="checkbox"/> Outdoor: Dump Truck play (with assorted manipulatives to put inside) <input type="checkbox"/> Sensory games: <i>Feather Touches</i> <input type="checkbox"/> Toys: Balls, trucks, dolls, knobbed puzzles, soft blocks <input type="checkbox"/> Pretend: Grocery Store props (boxes, grocery basket, etc.)

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THEME: Big Little Me

<p>Ten Little Fingers -Ten Little Toes Ten little fingers and ten little toes One little mouth, and one little nose Two little ears and two little eyes Two little hands to wave good-bye!</p>	<p>One Little, Two Little, Three Little Fingers Can be sung to tune of Little Indians</p> <p>One little, two little three little fingers Four little, five little, six little fingers Seven little, eight little nine little fingers Ten fingers on my hand</p> <p>Repeat with “toes”</p>	<p>I Wiggle I wiggle, I giggle I clap, I tap I smile, I frown I jump up and down I wink, I blink I laugh, I cry I flap my arms And say bye-bye</p>
<p>Dump and Fill Fill a small shallow container with an assortment of soft objects such as rolled socks, soft dolls, etc. Demonstrate: “I’m putting the sock in the bowl. Now I’m going to dump them out of the bowl”. Let child dump and fill as they are able.</p>	<p>Count Fingers and Toes In a sing-song voice, ask “How many fingers does (baby’s name) have on this hand? One, two, three, four, five. How many fingers does (baby’s name) have on the other hand? One, two, three, four, five”</p>	<p>Feather Touches Using soft craft feathers, gently stroke the child’s face. Move the feather across his nose, cheeks, ears, around hairline, arms, legs, etc. Name the parts of the body that you are stroking.</p>
<p>Bells and Whistles Use a variety of bells/whistles and show each to the child one at a time. Gently ring the bell or blow the whistle to attract the baby’s attention</p> <p>For Toddlers, let them ring the bells. Cover your eyes and tell them you are going to try to guess which one they made the sound with. Have them do the same covering their eyes while you ring the bells.</p>	<p>Feely Bag Place several objects with different textures such as a block, soft stuffed animal, plastic kitchen scrubber, etc. in a cloth or paper sack. As you pull each out, describe the texture, “The block is hard”, “The scrubber is rough.”</p> <p>For Toddlers, ask child to reach in and find something soft, hard, smooth or rough.</p>	<p>Mirror, Mirror Hold a non-breakable hand mirror in front of the child’s face and say, “I see (child’s name)” Once the child looks at their reflection, ask “Where is (child’s name) eye, ear, nose, mouth, etc.”</p>
<p>Baby Buddies Place children where they can see each other. Describe each child to the others. “I am looking at (baby’s name). Here are her eyes, her nose, here are her ears.”</p>	<p>Lids, Lids, Lids Use a variety of lids from different-sized containers. Pick each up and say, “This is a small lid, this is a big lid, this is a medium-sized lid.”</p> <p>For Toddlers, help them sort lids into various sizes.</p>	<p>Felt Faces Cut felt circles out to represent a head. Cut out eyes, noses, ears, hair, lips, etc. and have child make a face using the pieces</p>

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Theme: My Family

Infants/Babies (0-17 months)	Toddlers (17-36 months)
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Who's In My Family</i> (by Robin Harris) <input type="checkbox"/> Music: <i>I Am Special</i> (tune of Where is Thumbkin) <input type="checkbox"/> Rhymes: <i>Daddy Bear, Daddy Bear</i> <input type="checkbox"/> Toys: Soft stuffed animals in different sizes. Describe each and imitate the sounds each makes <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Drum Beat</i> <input type="checkbox"/> <i>Kick, Kick, Kick</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Who's In My Family</i> (by Robin Harris) <input type="checkbox"/> Music: <i>I Am Special</i> (tune of Where is Thumbkin) <input type="checkbox"/> Rhymes: <i>Daddy Bear, Daddy Bear</i> <input type="checkbox"/> Art: Misty Pictures (use spray bottles with small amount of food coloring to paint coffee filters) <input type="checkbox"/> Outdoor: Hopping mats: children hop from one to the other <input type="checkbox"/> Sensory games: Sound Shaker bottles <input type="checkbox"/> Toys: Balls, large blocks, trucks/cars, dolls <input type="checkbox"/> Pretend: Puppet play
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Are You My Mother?</i> (by P.D. Eastman) <input type="checkbox"/> Music: <i>B-I-N-G-O</i> <input type="checkbox"/> Rhymes: <i>Five Little Monkeys Jumping on the Bed</i> <input type="checkbox"/> Toys: Mobile – Talk about the items on the mobile during diapering or preparing for nap <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Pounding Play</i> <input type="checkbox"/> <i>Bowling</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Are You My Mother?</i> (by P.D. Eastman) <input type="checkbox"/> Music: <i>B-I-N-G-O</i> <input type="checkbox"/> Rhymes: <i>Five Little Monkeys Jumping on the Bed</i> <input type="checkbox"/> Art: Finger painting <input type="checkbox"/> Outdoor: Bowling pins and balls <input type="checkbox"/> Sensory games: Sand/Water table <input type="checkbox"/> Toys: Music instruments <input type="checkbox"/> Pretend: Different sizes/types of shoes
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Big Brothers and the Best</i> (by Fran Manushkin) <input type="checkbox"/> Music: <i>The Farmer in the Dell</i> <input type="checkbox"/> Rhymes: <i>Hickory Dickory Dock</i> <input type="checkbox"/> Toys: Talking toys – Use a variety of noise-making toys and repeat what the toys say to the child <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Stacking Game</i> <input type="checkbox"/> <i>Find the Mitten</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>Big Brothers and the Best</i> (by Fran Manushkin) <input type="checkbox"/> Music: <i>The Farmer in the Dell, Wheels on the Bus</i> <input type="checkbox"/> Rhymes: <i>Hickory Dickory Dock</i> <input type="checkbox"/> Art: Speed scribble (show children how to scribble at different speeds) <input type="checkbox"/> Outdoor: Make crawling tunnels out of large cardboard boxes <input type="checkbox"/> Sensory games: <i>Stacking Game</i> <input type="checkbox"/> Toys: Hammer/workbench <input type="checkbox"/> Pretend: Puppet play
<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>That's How Much I love You</i> (by Lisa Bergen and Kathryn Mills) <input type="checkbox"/> Music: <i>Pop Goes the Weasel</i> <input type="checkbox"/> Rhymes: <i>Humpty Dumpty, Mary Had a Little Lamb</i> <input type="checkbox"/> Toys: Puppet play – use hand puppets to talk to child <input type="checkbox"/> Lap/floor time: <ul style="list-style-type: none"> <input type="checkbox"/> <i>Show and Tell</i> <input type="checkbox"/> <i>Colorful Mats</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Read: <i>That's How Much I love You</i> (by Lisa Bergen and Kathryn Mills) <input type="checkbox"/> Music: <i>Pop Goes the Weasel</i> <input type="checkbox"/> Rhymes: <i>Humpty Dumpty, Mary Had a Little Lamb</i> <input type="checkbox"/> Art: Collages with textured materials <input type="checkbox"/> Outdoor: Bean bag toss (into tubs or buckets) <input type="checkbox"/> Sensory games: Sand/Water table <input type="checkbox"/> Toys: Large interlocking blocks <input type="checkbox"/> Pretend: <i>Show and Tell</i>

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Theme: My Family

<p><i>I Am Special</i> I am special, I am special Yes I am, Yes I am Special to my mommy, special to my daddy Special me, special me</p>	<p><i>Daddy Bear, Daddy Bear</i> Daddy Bear, Daddy Bear, what do you see? I see Mama Bear looking at me. Mama Bear, Mama Bear, what do you see? I see Baby Bear looking at me</p>	<p><i>Show and Tell</i> Ask families to bring pictures or some show and tell object. Describe each to the child “This is (baby’s name) picture of her doggy, Molly” For Toddlers: Ask them to tell about their picture or object they brought from home.</p>
<p><i>Drum Beat</i> Have a set of plastic bowls or drums. Tap the “drum” gently and count “1, 2, 3” to the beat. For Toddlers: Show them how the different bowls/drums make different sounds. Let them tap the drum and count</p>	<p><i>Kick, Kick, Kick</i> Place the baby on his back and place several small soft objects near his feet. One by one, show the object to the baby and then place it against his feet to kick. When the baby kicks the object, congratulate him with a soft “Whee” or “Whoo”</p>	<p><i>Colorful Mats</i> Lay child on a colorful mat or towel. Talk about the designs and colors on the mat/towel. For Toddlers: have them describe the mat/towel</p>
<p><i>Pounding Play</i> Provide a pounding toy (such as a hammer/pegs). Show the baby how to use the hammer to pound the pegs. Describe how the baby hammers “You pounded it hard”</p>	<p><i>Stacking Game</i> Provide an assortment or set of nesting objects such as measuring cups or plastic containers. Demonstrate how to stack them. Let child have fun by knocking them over</p>	
<p><i>Bowling</i> Using cups and balls roll the ball to knock the cups down. Over time, move the cups farther away from the child.</p>	<p><i>Find the Mittens (or Socks)</i> Show the baby a mitten/sock and then hide it behind you or under a blanket. Ask “Where is the mitten and pull it out into view. There it is” For Toddlers: encourage one child to hide the mitten and let the others look for it.</p>	