Louisiana’s Kindergarten Readiness Definition

How can parents help their child?

- Work with your child on recognizing letters of the alphabet, numbers and colors in things that they see everyday.
- Provide paper, pencils and crayons for your child to draw and write.
- Ask your child to “read” a favorite book to you.
- Read books that are interesting to your child daily.
- Help your child learn to write his/her own first name.
- Talk with your child and listen carefully to your child; this will encourage your child to talk and develop verbal skills.
- Work with your child to understand why things are the same and different.
- Help your child count objects while he/she is playing or helping with household chores.
- Sing and play rhyming games; this will encourage language development.
- Allow your child to perform tasks on his/her own, such as pouring juice or milk, buttoning and zipping his/her own clothes, toileting and washing hands, etc.
- Limit the amount of time your child watches television, plays video games, uses the computer, etc.
- Help your child identify body parts.
- Teach your child his/her full name, address and telephone/cell phone number.
- Allow your child to play outside in the yard or a park where he/she can run, jump, hop, climb, throw and catch a ball.

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LOUISIANA’S KINDERGARTEN READINESS DEFINITION

To ensure that all Louisiana’s children enter kindergarten ready to learn, this definition focuses on “readiness of the child” across the domains of child development, as identified in the Birth to Five Early Learning and Development Standards.

At the beginning of kindergarten, it is expected that children will demonstrate:

- Cognitive abilities, which include knowledge and skills in:
  - early literacy, such as phonological awareness, print concepts, alphabetic understanding, vocabulary, listening comprehension, and emergent writing
  - basic numeracy concepts, such as rote counting and number awareness, sorting, classifying, comparing, patterning, and spatial relationships
- Basic science concepts, such as making observations, exploring the world using their senses, and using appropriate scientific vocabulary related to topics
- Basic social studies concepts, such as self-awareness and their relationship to family and community, and an awareness of money and time
- Response to and participation in music, movement, visual and dramatic arts experiences and activities
- Abilities, either assisted or unassisted, that show an awareness of health, hygiene, and environmental hazards, in addition to gross and fine motor skills
- Social and emotional competencies, including self-regulation, self-identity, self-reliance, respect for others, and interpersonal skills
- Approaches to learning, such as reasoning and problem-solving, engagement, persistence, and eagerness to learn

SKILLS YOUR CHILD WILL NEED TO KNOW FOR KINDERGARTEN

Kindergarten is a bridge between early childhood and elementary school. There isn’t just one indicator that determines whether your child is ready for kindergarten. Parents need to be aware of the areas in which their child is doing well, and where the child needs some extra attention. The following is a guide for parents to determine if their child is ready for kindergarten.

LANGUAGE AND LITERACY

- Listens attentively and responds to stories and books
- Holds a book correctly
- Speaks in complete sentences
- Can recite rhymes and sing children’s songs
- Identifies at least 26 letters of the alphabet (combination of upper and lower case), especially the letters in his/her own name

MATH

- Counts to 20
- Identifies and names at least 4 basic shapes
- Can identify written numerals 0-10
- Can sort objects with more than one attribute (color, shape, or size)

SOCIAL SKILLS

- Expresses wants and needs
- Tries new things
- Follows directions, simple rules and routines
- Takes turns and shares with others
- Can dress self and manage own bathroom needs
- Can control impulses

MOTOR SKILLS

- Can use a variety of writing tools appropriately
- Uses whole body for balance and control when walking, jumping, throwing, climbing and using objects and equipment
- Uses hands, fingers and wrists to manipulate large and small objects (beads/laces, puzzles, small blocks, etc.)
- Able to coordinate eye and hand movements to perform tasks (dressing/undressing, pouring or using scissors for cutting along a line, etc.)