

Learn the Signs. Act Early. (LTSAE) is a federally mandated program of the Centers for Disease Control and Prevention (CDC) that encourages parents of children ages birth to 5 years and providers who care for them to:

- learn the signs of healthy development
- monitor every child’s early development; and
- act early on possible developmental concerns: talk with doctors and ask for developmental screening.

The materials provided by LTSAE are parent education and engagement tools that support developmental monitoring and help staff decide when to refer a child to other professionals for screening; they are not a replacement for developmental screening.

The Louisiana Department of Education has partnered with the Louisiana Department of Health to offer our early childhood networks the opportunity to co-brand and customize some of the LTSAE materials.

Brochures and milestone checklists can include contact numbers for Early Steps and Child Find, as well as a visual logo. See below for example materials.

If you are interested in obtaining free materials, please email brittany.braun@la.gov.

Your Baby at 2 Months

Child's Name _____ Child's Age _____ Today's Date _____



Milestones matter! How your child plays, learns, speaks, acts, and moves offers important clues about his or her development. Check the milestones your child has reached by 2 months. Take this with you and talk with your child's doctor at every well-child visit about the milestones your child has reached and what to expect next.

What Most Babies Do by this Age:

Social/Emotional

- Begins to smile at people
- Can briefly calm himself (may bring hands to mouth and suck on hand)
- Tries to look at parent

Language/Communication

- Coos, makes gurgling sounds
- Turns head toward sounds

Cognitive (learning, thinking, problem-solving)

- Pays attention to faces
- Begins to follow things with eyes and recognize people at a distance
- Begins to act bored (cries, fussy) if activity doesn't change

Movement/Physical Development

- Can hold head up and begins to push up when lying on tummy
- Makes smoother movements with arms and legs

You Know Your Child Best.

Act early if you have concerns about the way your child plays, learns, speaks, acts, or moves, or if your child:

- Is missing milestones
- Doesn't respond to loud sounds
- Doesn't watch things as they move
- Doesn't smile at people
- Doesn't bring hands to mouth
- Can't hold head up when pushing up when on tummy

Tell your child's doctor or nurse if you notice any of these signs of possible developmental delay and ask for a developmental screening.

If you or the doctor is still concerned:


1. Ask for a referral to a specialist and,
2. Call your state or territory's early intervention program to find out if your child can get services to help. Learn more and find the number at cdc.gov/FindIt.

DON'T WAIT.
Acting early can make a real difference!

INSERT LOGO HERE

INSERT Parish
Child Find: insert phone number
Early Steps: insert phone number

Learn the Signs. Act Early.

Track Your Child's Developmental Milestones

Learn the Signs. Act Early.

Learn the signs of your child's development and act early if you ever have a concern. To complete a milestone checklist, download CDC's **FREE Milestone Tracker** app or visit cdc.gov/Milestones, and talk to your child's doctor at every well-child visit about the milestones your child has reached and what to expect next.

YOU KNOW YOUR CHILD BEST.

If your child is not meeting milestones or you are concerned about the way your child plays, learns, speaks, acts, or moves, talk with your child's doctor, share your concerns, and ask about developmental screening. Don't wait.

If you or the doctor is still concerned:

1. Ask for a referral to a specialist and,
2. Call for a free evaluation to find out if your child can get services to help:

- If your child is under age 3: Call your state or territory's early intervention program. Learn more and find the phone number at cdc.gov/FindIt.
- If your child is age 3 or older: Call any local public elementary school.

For more on how to help your child, visit cdc.gov/Concerned.

DON'T WAIT.
Acting early can make a real difference!

Child Find (3+ years):
Insert phone number

Early Steps (birth-3 years):
Insert phone number

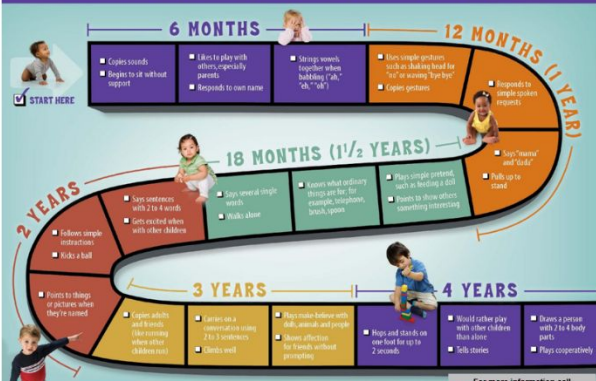
to get help finding resources in your area.

Milestones Matter!
How your child plays, learns, speaks, acts, and moves offers important clues about his or her development.

Learn the Signs. Act Early.

Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every well-child visit.



6 MONTHS

- Copies sounds
- Begins to sit without support
- Responds to own name
- Uses simple gestures
- Responds to simple instructions
- Responds to simple spoken words

12 MONTHS (1 YEAR)

- Uses simple gestures such as waving goodbye
- Copies phrases
- Responds to simple spoken words
- Pulls up to stand

18 MONTHS (1½ YEARS)

- Says one or two words with meaning
- Plays simple pretend
- Pulls up to stand

2 YEARS

- Follows simple instructions
- Copies words
- Says words with meaning
- Plays simple pretend

3 YEARS

- Follows simple instructions
- Copies words
- Says words with meaning
- Plays simple pretend

4 YEARS

- Follows simple instructions
- Copies words
- Says words with meaning
- Plays simple pretend

These are just a few of many important milestones to look for. For more complete checklists by age visit cdc.gov/Milestones

For more information call insert phone number (3+ years old) insert phone number (birth-3 years).