



TIKES PROGRAM

Tulane Infant & Early Childhood Consultation Supports & Services



Collaborative Consultation

MHCs work hand-in-hand with teachers & directors to support developmentally healthy environments.

What is Mental Health Consultation?

ECMHC is an intervention that teams a mental health professional with early childhood professionals to improve the social, emotional and behavioral health of young children in early learning centers.



2016-17 Mid Year Snapshot

- 1040 consultation visits
- 864 centers served
- 64 trainings facilitated

After receiving ECMHC Services:



Teachers report improved self-efficacy



Teachers report improved competence in supporting social-emotional



Trained observers found improvements on all areas of CLASS-PreK measured

Goals of ECMHC Program

The three primary goals of TIKES are to promote healthy social emotional development of young children as a component of healthy whole child development; to increase teachers' skills and knowledge to effectively support social-emotional development of young children; and to refer for treatment and/or design interventions for children exhibiting challenging behaviors, developmental concerns, or mental health concerns.

The TIKES program works with teachers to support their understanding of children's developmentally appropriate social emotional skills and ways to encourage social emotional skills development.

For more information, contact Allison Boothe, PhD, (504) 988-2714 or aboothe@tulane.edu



ECMHC Benefits

For children and teachers:

- Improved teacher-child interactions
- Improved classroom climate
- Decreased burnout & stress
- Lower turnover rates

For children and families:

- Reduced rates of expulsion
- Less work missed by families
- Increased social skills
- Reductions in challenging behavior

FEEDBACK FROM EARLY CHILDHOOD PROFESSIONALS

"the State of Louisiana has... implement[ed] many programs over the years, but this is the only one - that I believe - is a genuine help to centers, teachers, and directors."

-An owner/director in the child care industry for 20 years

