



# School-Based Referral Guide

## Trauma Recovery Demonstration Grant

Awarded by the US Department of Education  
to the Louisiana Department of Education,  
The Division of Federal Support & Grantee Relations



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## Trauma Recovery Demonstration Grant- Overview

The Louisiana Department of Education and the Division of Federal Operations & Grantee Relations was awarded a \$7.5 million five-year federal grant by the U.S. Department of Education to expand and deliver mental health services to students who are economically disadvantaged, academically struggling, and have experienced trauma. The grant funds will expire September 30, 2024.

**Purpose of Grant:** The purpose of the grant program is to enable preschool, elementary, or secondary students from an economically disadvantaged family who have experienced trauma and subsequently, demonstrate academic, behavioral, attendance, or other issues at school, to access trauma-specific treatment. Incidents of trauma may include bullying, harassment, exposure to violence such as school shootings or other physically or emotionally harmful or life-threatening events that may have lasting adverse effects on the student's functioning and mental, physical, social, or emotional health. Traumatic incidents may be those that occur either within or outside a school environment. Trauma-specific mental health services for eligible students will be provided at no cost to the student's family. A student eligibility checklist is included within this guide. Eligible students must be enrolled in a Louisiana public, charter or private school.

**Our Goal:** The goal of the grant program is to increase student well-being, adaptive student behavior, school safety and academic performance by supporting trauma-specific treatment. Attendance, behavior, and academic performance data are reporting measures; therefore, it is necessary to inform parents/guardians of FERPA and HIPAA requirements.

**Examples of Trauma:** Bullying (including cyberbullying), harassment, experiencing violence (e.g., school shootings, abuse in the home, community violence), suicide clusters, death of close family member, emotional neglect/abuse, family mental illness, homelessness, natural disaster, parent deployed, parent in jail, parents divorced, serious injury to self, sexual abuse and student in state custody. The list above are examples of traumatic events but not inclusive of all events that may be considered traumatic.

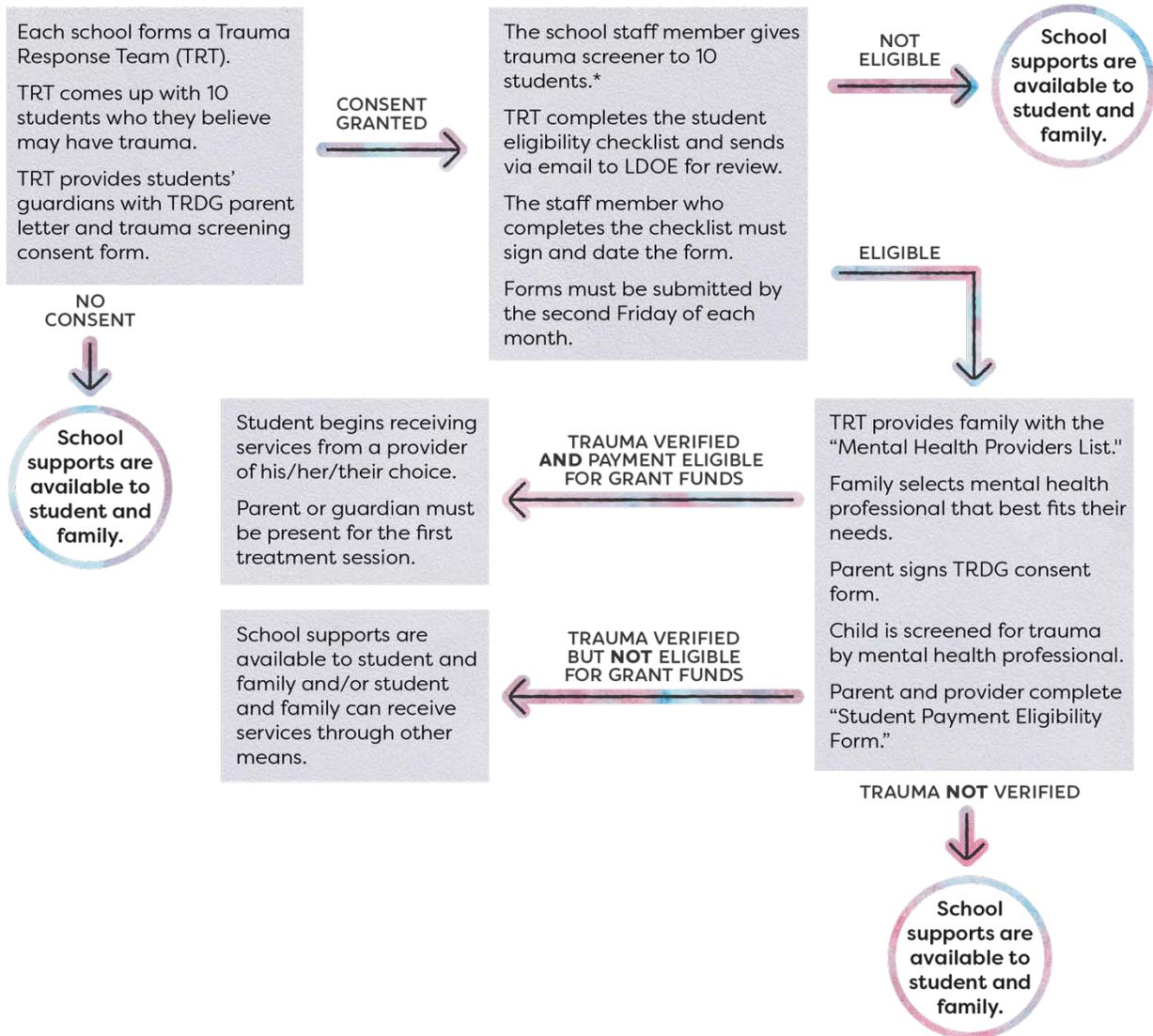
### Student Referrals:

Referrals for services can come from many different avenues; there is no wrong door. Examples of referral streams:

- a parent may request services on behalf of their student
- the student may self-refer
- the student may be referred by a staff member at their school
- the student may receive a referral through Department of Children & Family Services (DCFS)
- the student may receive a referral from a member of the school's School Building Level Committee (SBLC)
- the student may receive a referral from a member of the school's Well-Being Leadership Team (WBLT)
- the student may receive a referral from a member of the school's Trauma Response Team (TRT)
- a service provider may identify a student who meets eligibility criteria and needs services



## SCHOOL-BASED REFERRAL PATHWAY



\*Schools located in Ascension, City of Baker, East Baton Rouge, East Feliciana, Jefferson, City of Monroe, Pointe Coupee, St. Bernard, Tangipahoa, West Baton Rouge, West Feliciana, and Thrive Academy should consider leveraging the Graduate Intern Social Worker (when placed) to conduct the trauma screening.

*There is no minimum number of students needed to participate in the grant program. The number 10 is just a suggestion.*



## Trauma Response Teams

Each participating school must form a Trauma Response Team (TRT) to oversee the implementation of the TRDG at the school level. **This team can be the same as a school's School Building Level Committee (SBLC) or Well-Being Leadership Team (WBLT).** At least one counselor or social worker should be on the TRT.

TRTs have five responsibilities:

1. Print and distribute TRDG materials, such as the staff letter and parent letter
2. Determine a list of students who the team believes has experienced trauma and would benefit from this grant program
3. Submit student referrals to LDOE by the **second Friday of each month**, ensuring each part of the process is complete (student eligibility checklist, trauma-screening consent form etc.)
4. Ensure parents have the information they need to make informed decisions about participating in the grant program
5. Scan and email the LDOE any TRDG Satisfaction Surveys that the student or parent/guardian brings to school

## Trauma Screening

Students whose universal screener flagged trauma, or those who have been exposed to traumatic events and/or have been referred to the TRT, must be screened for trauma.

- Students seven years of age and older must be screened using the [Child and Adolescent PTSD Screen](#) found on pages 17-18.
- Students six years of age and younger should be screened using the [Young Child PTSD Screen](#) found on pages 20-21. This is to be completed by the student's parent/guardian.

Prior to screening, a parent/guardian must sign the [Permission to Participate in Trauma Screening](#) found on page 15. Trauma screening can be done by a school social worker, counselor or by utilizing a member of the Counselor Support Team.

## Counselor Support Team (CST)

The Counselor Support Team is a tool to aid schools in successfully referring students for the TRDG. Our counselors are here to help. All of their work will be done virtually.

The CST will:

- Answer questions related to the TRDG
- Administer the Child and Adolescent PTSD Screen and/or Young Child PTSD Screen when a school does not have the resources to do so

Counselors will be accessible during school hours, as well as after hours. In order to have a CST member administer the trauma screener, schools must make an appointment by contacting their assigned counselor.

Please contact [traumarecoverygrant@LA.gov](mailto:traumarecoverygrant@LA.gov) to receive the contact information for your assigned counselor.



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## Reporting Requirements

There are several reporting measures beyond attendance, behavior and academic performance. Most additional measures will be collected at the provider point-of-service. For example, we must report:

- The child and parents' overall satisfaction with services through the TRDG Satisfaction Survey
- The change over time in student well-being through the Student Well-Being Survey

Both surveys will be administered online at the conclusion of the first treatment session and again at the conclusion of the last treatment session.

**Note to TRTs:** If a family chooses to complete the TRDG Satisfaction Survey on paper, they will bring the completed survey to school. A member of the TRT will then email the LDOE the TRDG Satisfaction Survey to [traumarecoverygrant@LA.gov](mailto:traumarecoverygrant@LA.gov) with the subject line StudentName\_TRDGSurvey [SECURE]. The directions can also be found on the TRDG Satisfaction Survey.



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## Letter to School Staff

Dear Colleagues,

This letter is to let you know that the Louisiana Department of Education was awarded a grant to expand and deliver mental health services to economically disadvantaged students who are struggling academically and have experienced trauma. These funds are for the benefit of eligible preschool, elementary and secondary students enrolled in Louisiana public, charter and private schools

The goal of this Trauma Recovery Grant program is to increase student well-being, adaptive student behavior, school safety, and academic performance by supporting trauma-specific treatment. **If you know a student who is struggling behaviorally and/or academically and may have been exposed to trauma, please consider referring that student for screening.**

### **What is trauma?**

Traumatic incidents may occur inside or outside of school. Some examples of potential traumatic events include: bullying (including cyberbullying); harassment; experiencing violence (e.g., school shootings, abuse in the home, community violence); or, other physical, emotional or life-threatening events that have lasting adverse effects on a school aged youth's functioning and mental, physical, social, or emotional health. Other potentially traumatic events include but are not limited to: suicide clusters; the death of a close family member; emotional neglect/abuse; family mental illness; homelessness; natural disaster; parent deployed; parent in jail; parents divorced; serious injury to self; and, sexual abuse.

### **What are some signs and symptoms of trauma in school-aged youth?**

The American Psychological Association reports that trauma-affected children may exhibit the following symptoms:

- Developing new fears
- Separation anxiety resulting in school refusal and increased absences
- Sleep disturbances (e.g. insomnia, nightmares)
- Sadness; emotional dysregulation; negative thinking
- Loss of interest in activities once enjoyed (e.g. dropping out of sports, music, clubs)
- Reduced concentration
- Decline in quality of schoolwork
- Changes in social behavior (e.g. anger, irritability)

### **How does the Trauma Recovery Demonstration Grant work?**

If parents or guardians want their eligible student to receive trauma-specific treatment, they will choose a qualified licensed counselor who best meets their needs. Outpatient treatment will be provided by participating clinicians at **no cost to the family**, either in-person or through telehealth. Families with private insurance, whose high deductible or co-pay makes treatment unaffordable, may also be eligible for no-cost services. Students whose parents decline treatment will continue to receive school support.

You may contact [traumarecoverygrant@LA.gov](mailto:traumarecoverygrant@LA.gov) with the Department of Education for more information regarding the Trauma Recovery Demonstration Grant.



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## Parent Letter

Dear Parent,

This letter is to let you know that the Louisiana Department of Education was awarded a grant to expand and deliver mental health services to economically disadvantaged students who have experienced trauma and are struggling academically and/or behaviorally. These funds are for the benefit of eligible preschool, elementary and secondary students enrolled in Louisiana public, charter and private schools. The goal of the Trauma Recovery Grant program is to increase student well-being, adaptive student behavior, school safety, and academic performance by supporting trauma-specific treatment.

### What is trauma?

Traumatic incidents may occur inside or outside of school. Some examples of potential traumatic events include: bullying (including cyberbullying); harassment; experiencing violence (e.g., school shootings, abuse in the home, community violence); or, other physical, emotional or life-threatening events that have lasting adverse effects on a school aged youth's functioning and mental, physical, social, or emotional health. Other potentially traumatic events include but are not limited to: suicide clusters; the death of a close family member; emotional neglect/abuse; family mental illness; homelessness; natural disaster; parent deployed; parent in jail; parents divorced; serious injury to self; and, sexual abuse.

### Who can provide trauma-specific services?

The Trauma Recovery Grant pays for trauma-specific treatment provided by an enrolled Louisiana licensed mental health professional. Parents and guardians are encouraged to select a qualified counselor that best fits their needs. If the licensed counselor you select is not currently participating in this grant program, he/she/they will be assisted in completing the enrollment process before services begin.

Trauma-specific counseling will be provided to eligible economically disadvantaged students at **no cost to their family**. Families who have private insurance, but whose high deductible or co-pay makes treatment unaffordable, may also be eligible for services.

For more information, please contact: \_\_\_\_\_

You may contact [traumarecoverygrant@LA.gov](mailto:traumarecoverygrant@LA.gov) with the Department of Education for more information regarding the Trauma Recovery Demonstration Grant.



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## Parent One Pager

The Louisiana Department of Education (LDOE) was awarded a grant to expand and deliver mental health services to economically disadvantaged students who are struggling in school and have experienced trauma. These funds are for the benefit of eligible preschool, elementary and secondary students enrolled in Louisiana public, charter and private schools.

**Our Goal:** The goal of the Trauma Recovery Demonstration Grant (TRDG) is to increase student well-being, adaptive student behavior, school safety and academic performance by supporting trauma-specific treatment.

### **What is trauma?**

Traumatic incidents may occur inside or outside of school. Some examples of potential traumatic events include: bullying (including cyberbullying); harassment; experiencing violence (e.g., school shootings, abuse in the home, community violence); or, other physical, emotional or life-threatening events that have lasting adverse effects on a school aged youth's functioning and mental, physical, social, or emotional health; suicide clusters; the death of a close family member; emotional neglect/abuse; family mental illness; homelessness; natural disaster; parent deployed; parent in jail; parents divorced; serious injury to self; and sexual abuse.

### **Is my child eligible to participate in the TRDG?**

Any preschool, elementary or secondary student enrolled in a Louisiana public, charter, or private school who meets the **following three criteria:**

- Previously documented or suspected trauma that is adversely affecting the student's academic performance/progress, attendance, and/or behavior
- Student is identified as economically disadvantaged<sup>1</sup>
- Student cannot access public or commercial health insurance programs because services through such programs are either unavailable, insufficient, or unaffordable

### **Who can provide trauma-specific services to my child?**

The TRDG pays for trauma-specific treatment provided by an enrolled Louisiana licensed mental health professional. Each participating provider has been vetted by the LDOE to ensure he/she/they has: 1. A valid and up to date license and 2. Training in trauma focused mental health services. Parents/guardians are encouraged to select a mental health provider that **best fits their needs**. If the licensed mental health provider you select is not currently participating in this grant program, he/she/they will be assisted in completing the enrollment process before services begin.

### **Who pays for the services?**

Trauma-specific mental health services will be provided to economically disadvantaged students at **no cost to their family**.

### **Who can I contact to learn more?**

The parent/guardian can contact a member of their student's school staff such as a counselor, social worker, administrator or teacher to learn more. The parent/guardian may also contact their Department of Children & Family Services case manager.

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<sup>1</sup> Economically disadvantaged criteria can be found on the next page.



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### **Economically Disadvantaged Criteria**

(Student meets **one or more** of the following characteristics):

- ❖ is eligible for reduced price meals based on the latest available data;
- ❖ is eligible for Louisiana’s food assistance program for low-income families;
- ❖ is eligible for Louisiana’s disaster food assistance program;
- ❖ is eligible for Louisiana’s program for assistance to needy families with children to assist parents in becoming self-sufficient;
- ❖ is eligible for Louisiana’s healthcare program for families and individuals with limited financial resources;
- ❖ is an English language learner;
- ❖ is identified as homeless or migrant pursuant to the McKinney-Vento Homeless Children and Youth Assistance Act and the Migrant Education Program within the Elementary and Secondary Education Act;
- ❖ is incarcerated with the Office of Juvenile Justice or in an adult facility; and/or
- ❖ has been placed into custody of the state.

You may contact [traumarecoverygrant@LA.gov](mailto:traumarecoverygrant@LA.gov) with the Department of Education for more information regarding the Trauma Recovery Demonstration Grant.



## Eligibility Criteria

### Student Eligibility

Any preschool, elementary or secondary student enrolled in a Louisiana public, charter, or private school who meets the **following three criteria**:

1. Previously documented or suspected trauma that is adversely affecting the student's academic performance/progress, attendance, and/or behavior.
2. Student is identified as economically disadvantaged.
3. Student cannot access public or commercial health insurance programs because services through such programs are either unavailable, insufficient, or unaffordable.
  - a. *Students enrolled with Medicaid will be reviewed on a case-by-case basis. Please contact [traumarecoverygrant@LA.gov](mailto:traumarecoverygrant@LA.gov) if you have any questions.*

Economically Disadvantaged Criteria (*student meets **one or more** of the following characteristics*):

- ❖ is eligible for reduced price meals based on the latest available data;
- ❖ is eligible for Louisiana's food assistance program for low-income families;
- ❖ is eligible for Louisiana's disaster food assistance program;
- ❖ is eligible for Louisiana's program for assistance to needy families with children to assist parents in becoming self-sufficient;
- ❖ is eligible for Louisiana's healthcare program for families and individuals with limited financial resources;
- ❖ is an English language learner;
- ❖ is identified as homeless or migrant pursuant to the McKinney-Vento Homeless Children and Youth Assistance Act and the Migrant Education Program within the Elementary and Secondary Education Act;
- ❖ is incarcerated with the Office of Juvenile Justice or in an adult facility; and/or
- ❖ has been placed into custody of the state.

### Provider Eligibility

Providers eligible for reimbursement under the terms of this grant must be:

**State licensed** as a mental health service provider,

**AND**

Must provide secular, neutral, non-ideological services that are non-medical in nature and meet reasonable standards for evidence-based, best practices, promising practices and/or evidence-informed trauma-specific treatment.



## Student Eligibility Checklist

Trauma Recovery Demonstration Grant

This form is to be scanned and emailed to: [traumarecoverygrant@LA.gov](mailto:traumarecoverygrant@LA.gov) with the subject line SchoolName\_Eligibility [SECURE]. The staff member who completes this checklist must sign and date the form.

District/LEA: \_\_\_\_\_ Name of School: \_\_\_\_\_

Student Name: \_\_\_\_\_ Student ID #: \_\_\_\_\_

Gender:  M  F  Other \_\_\_\_\_

Description of service: Referral for Trauma-informed services

*STUDENT IS NOT ELIGIBLE IF ENROLLED WITH MEDICAID OR HAS AN APPLICATION PENDING WITH MEDICAID.*

### **STUDENT ELIGIBILITY** (Please select appropriate box)

Student is:

- A *preschool* student enrolled in a Louisiana public, charter, or private school.
- An *elementary* student enrolled in a Louisiana public, charter, or private school.
- A *secondary* student enrolled in a Louisiana public, charter, or private school.

### ***Student must meet the following three criteria:***

- Previously documented or suspected trauma that is adversely affecting the student's academic performance/progress, attendance, and/or behavior.
- Student is identified as economically disadvantaged.
- Student cannot access public or commercial health insurance programs because services through such programs are either unavailable, insufficient, or unaffordable. Student **meets *one or more* of the following characteristics:**
  - Student is uninsured, is economically disadvantaged and is *ineligible* for Medicaid or other federal or state-subsidized insurance programs.
  - Student is insured, but trauma-specific services are not covered.
  - Student is insured, but services are unaffordable because of copay or deductible.
  - Student is insured, but services are unaffordable because cost of service exceeds insurance cap.

### **ECONOMICALLY DISADVANTAGED CRITERIA** (*student meets **one or more** of the following characteristics:*)

- Family is eligible for Louisiana's food assistance program for low-income families
- Student is eligible for reduced price meals based on the latest available data
- Family is eligible for Louisiana's disaster food assistance program
- Family is eligible for Louisiana's program for assistance to needy families with children to assist parents in becoming self-sufficient
- Family is eligible for Louisiana's healthcare program for families and individuals with limited financial resources
- Student is an English language learner
- Student is identified as homeless or migrant pursuant to the McKinney-Vento Homeless Children and Youth Assistance Act and the Migrant Education Program within the Elementary and Secondary Education Act
- Student is incarcerated within the Office of Juvenile Justice or in an adult facility
- Student has been placed in the custody of the state



**Trauma Screener:**

Parent/guardian consent for screening is on file.

Yes  No

The student has been screened for trauma AND met the eligibility requirements.

Yes  No

If yes, please describe the method of screening that was used.

\_\_\_\_\_

**Trauma Screening Completed by:**

Name: \_\_\_\_\_ Title/Role: \_\_\_\_\_

Date: \_\_\_\_\_

School Personnel Name: \_\_\_\_\_ Date: \_\_\_\_\_

PLEASE PRINT

School Personnel Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Informed Consent to Participate in Trauma Screening

### Trauma Recovery Demonstration Grant

\_\_\_\_\_ is partnering with the Louisiana Department of Education to implement the **Trauma Recovery Demonstration Grant (TRDG) program**. This program will expand and deliver trauma-focused mental health services to economically disadvantaged students who have experienced trauma and are struggling academically, behaviorally and/or with consistent attendance. The goal of the TRDG program is to increase student well-being, adaptive student behavior, school safety, and academic performance by supporting trauma-specific treatment. Trauma-specific counseling will be provided to economically disadvantaged students at **no cost to their family**.

If your child's teacher or other school personnel administrator suspects your child may benefit from a trauma focused mental health screening, you will be notified by the school through your preferred method of notification. Your permission is required to begin the screening process (see attached Permission page). For the purposes of this project, data collection is defined as questionnaires, screenings, attendance information, as well as academic and behavioral data. If you grant permission for your child to participate in this screening, the student's information as described above will be shared with the Louisiana Department of Education. Your agreement to participate or your refusal to participate in the screening and data collection will in no way impact the services your child receives at \_\_\_\_\_.

As part of the trauma screening and referral process, your child will be asked to complete a questionnaire administered by a school counselor or social worker to identify any potential trauma. If potential trauma is identified, you will be notified by the school and next steps will be discussed. You have the right to inspect, upon request, the survey document, and any other documents or materials used in connection with the survey, before the survey is administered to your child. All information will be kept confidential and in accordance with student safeguards defined by the Family Educational Rights and Privacy Act (FERPA), and LA Revised Statute 17.3914, or the Health Insurance Portability and Accountability Act (HIPPA), if applicable

#### **NOTE: LDOE Student/Parent Rights and School Responsibilities**

The confidentiality of the education records of all students enrolled in public schools in Louisiana are afforded protection under the Family Education Right to Privacy Act (FERPA). Every public school district is required to implement processes to protect the privacy of student information and restrict data sharing. Parents have a right, upon request, to inspect any education records pertaining to their children. LEAs are only able to share personally identifiable information about students with others as long as the data sharing meets one of the laws limited exceptions as described in the Policy Guidance. In accordance with the legislation, LEAs: (1) are prohibited from requiring the collection of non-academic data about students such as political affiliation and religious practices; (2) are permitted to share personally identifiable information under specific circumstances (e.g. LEA officials with a legitimate educational interest; Specified officials for audit or evaluation purposes; to appropriate officials in cases of health and safety emergencies.); (3) are prohibited from allowing anyone to access student information that is stored by schools or LEAs except authorized stakeholders such as parents, teachers, principals, superintendents, or a person authorized by the state to audit student records.



## Permission to Participate in Trauma Screening

Trauma Recovery Demonstration Grant

**Only if permission is granted, this form is to be scanned and emailed to the Division of Federal Operations & Grantee Relations using our secure email: [traumarecoverygrant@la.gov](mailto:traumarecoverygrant@la.gov) with the subject line StudentName\_ConsentForm [SECURE].**

District/LEA: \_\_\_\_\_ Name of School: \_\_\_\_\_

Student Name: \_\_\_\_\_ Student ID #: \_\_\_\_\_

Gender:  M  F  Other \_\_\_\_\_

Please check the appropriate statement and return this form to the school as soon as possible.

- I give permission for my child to participate in the program's screening process and data collection\*, and for my child's information to be shared with the Louisiana Department of Education.
- I do not give permission for my child to participate in the program.

Parent/Guardian Name: \_\_\_\_\_ Date: \_\_\_\_\_

PLEASE PRINT

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Date form received by the school system: \_\_\_\_\_

*\*Note: For the purposes of the Trauma Recovery Demonstration Grant, data collection is defined as surveys, screenings, attendance information, as well as academic and behavioral data.*



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## Child and Adolescent PTSD Screen (CAPS-C) Instructions

Prior to administering the screener please read the instructions listed below:

- The CAPS-C Screener is to be given to students **7 years of age and older**.
- Determine if the student can complete the screener on his/her/their own. If the student is too young to do the screener on their own (7yrs-10yrs) or is unable due to other reasons (ex. reading delay), the screener is to be read aloud to the student as an interview and the items explained at the student's developmental level.
  - When reading the screener, be sure to use a matter of fact tone and exhibit a calm disposition.
  - If you would like to see an example, please watch [TBH Boy Session](#).
- Read the instructions located at the top of the screener aloud to **every student**, making sure they understand: 1. What is considered a traumatic event and 2. What frequency means. You must do this before the student begins the screener.
- After the screener is complete, tally up the scores to determine if the student should be referred for further trauma screening.
  - Two symptoms endorsed (either 1 or 2) is a positive test and should be referred for treatment.
  - A youth with only one symptom endorsed is marginal, and should be referred for further assessment at a minimum.
- **Please do not send a copy of the screener to the LDOE.**



## Child and Adolescent PTSD Screen (CAPS-C)

Name \_\_\_\_\_ ID \_\_\_\_\_ Date \_\_\_\_\_

### TRAUMATIC EVENTS

An event must have led to serious injury or be perceived as if it could have led to serious injury to you, or to another person (usually a loved one) and you witnessed it, and is usually sudden and/or unexpected.

0 = Absent      1 = Present

Circle 0 if the event has not happened and 1 if the event has happened to you.

Frequency is the number of events that you can remember.

			<u>Frequency</u>
P1. Accident or crash with automobile, plane or boat.	0	1	_____
P2. Attacked by an animal.	0	1	_____
P3. Man-made disasters (fires, war, etc.)	0	1	_____
P4. Natural disasters (hurricane, tornado, flood)	0	1	_____
P5. Hospitalization or invasive medical procedures	0	1	_____
P6. Physical abuse	0	1	_____
P7. Sexual abuse, sexual assault, or rape	0	1	_____
P8. Accidental burning	0	1	_____
P9. Near drowning	0	1	_____
P10. Witnessed another person being beaten, raped, threatened with serious harm, shot at, seriously wounded, or killed.	0	1	_____
P11. Kidnapped	0	1	_____
P12. Other: _____	0	1	_____



Below is a list of symptoms that youth can have after life-threatening events. Circle the number (0, 1, or 2) that best describes how often the symptom has bothered you in the LAST 2 WEEKS. Circle a 1 or 2 only if the symptom began or worsened after a traumatic event.

	0 No	1 A little	2 A lot
1. Do you have intrusive memories of the trauma(s)? Does the memory pop up in your mind when you do not want it to?	0	1	2
2. Are you having more nightmares since the trauma(s) occurred?	0	1	2
3. Would you get upset if exposed to reminders of the event(s)? For example: If you were in a car crash, you might be nervous while riding in a car now. Or, if you were in a hurricane, you might be nervous when it is raining. Or, if you saw domestic violence, you might be nervous when other people argue. Or, if you were sexually abused, you might be nervous when someone touches you anywhere on your body.	0	1	2
4. Have you had a hard time falling asleep or staying asleep since the trauma(s)?	0	1	2
5. Have you become more irritable, or had outbursts of anger, or developed extreme temper tantrums since the trauma(s)?	0	1	2
6. Do you startle more easily than before the trauma(s)? For example, if there's a loud noise or someone sneaks up behind you, do you jump or seem startled?	0	1	2

**Scoring:** Two symptoms endorsed (either 1 or 2) is a positive test and should be referred for treatment. A youth with only one symptom endorsed is marginal, and should be referred for further assessment at a minimum.

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## Young Child PTSD Screen (YCPS) Instructions

Prior to providing the parent/guardian with the screener please read the instructions listed below:

- The YCPS Screener is to be given to the parent/guardian of students **6 years of age and younger**.
- Ensure the parent has read the instructions located at the top of the screener, making sure they understand: 1. What is considered a traumatic event and 2. What frequency means.
- Instruct the parent/guardian that they will not be scoring the screener and that they should only answer the 12 questions on page 1 and 6 questions on page 2.
- After the screener is complete, tally up the scores to determine if the student should be referred for further trauma screening.
  - Two symptoms endorsed (either 1 or 2) is a positive test and should be referred for treatment.
  - A youth with only one symptom endorsed is marginal, and should be referred for further assessment at a minimum.
- **Please do not send a copy of the screener to the LDOE.**



## Young Child PTSD Screen (YCPS)

Name \_\_\_\_\_ ID \_\_\_\_\_ Date \_\_\_\_\_

### TRAUMATIC EVENTS

An event must have led to serious injury or be perceived as if it could have led to serious injury to the child, or to another person (usually a loved one) and the child witnessed it, and is usually sudden and/or unexpected.

0 = Absent      1 = Present

Circle 0 if the event has not happened and 1 if the event has happened to your child.

Frequency is the number of events the child can remember. Generally, children start remembering events are 3 years of age.

			<u>Frequency</u>
P1. Accident or crash with automobile, plane or boat.	0	1	_____
P2. Attacked by an animal.	0	1	_____
P3. Man-made disasters (fires, war, etc.)	0	1	_____
P4. Natural disasters (hurricane, tornado, flood)	0	1	_____
P5. Hospitalization or invasive medical procedures	0	1	_____
P6. Physical abuse	0	1	_____
P7. Sexual abuse, sexual assault, or rape	0	1	_____
P8. Accidental burning	0	1	_____
P9. Near drowning	0	1	_____
P10. Witnessed another person being beaten, raped, threatened with serious harm, shot at, seriously wounded, or killed.	0	1	_____
P11. Kidnapped	0	1	_____
P12. Other: _____	0	1	_____



Below is a list of symptoms that children can have after life-threatening events. Circle the number (0, 1, or 2) that best describes how often the symptom has bothered your child in the LAST 2 WEEKS. Circle a 1 or 2 only if the symptoms began or worsened after one of the traumatic events on the first page.

	0 No	1 A little	2 A lot
1. Do your child have intrusive memories of the trauma(s)? Does s/he bring it up on his/her own?	0	1	2
2. Is your child having more nightmares since the trauma(s) occurred?	0	1	2
3. Would s/he get upset when exposed to reminders of the event(s)? For example, a child who was in a car crash might be nervous while riding in a car now. Or, a child who was in a hurricane might be nervous when it is raining. Or, a child who saw domestic violence might be nervous when other people argue. Or, a girl who was sexually abused might be nervous when someone touches her.	0	1	2
4. Has s/he had a hard time falling asleep or staying asleep since the trauma(s)?	0	1	2
5. Have your child become more irritable, or had outbursts of anger, or developed extreme temper tantrums since the trauma(s)?	0	1	2
6. Do your child startle more easily than before the trauma(s)? For example, if there's a loud noise or someone sneaks up behind him/her, do s/he jump or seem startled?	0	1	2

**Scoring:** Two symptoms endorsed (either 1 or 2) is a positive test and should be referred for treatment. A youth with only one symptom endorsed is marginal, and should be referred for further assessment at a minimum.

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